



COMPUTED TOMOGRAPHY SCAN WITH CONTRAST

DATE OF PROCEDURE	
ARRIVAL TIME	

(The examination may be delayed because of the nature of the procedure.)

ABOUT THE PROCEDURE:

A **computed tomography (CT) scan with contrast** is a fast and reliable multi-organ diagnostic procedure in which a contrast agent is injected intravenously. The exact duration of the scan depends on the purpose of the examination and the target organ.

The procedure can be covered by NFZ insurance or paid for by the patient.

A referral for a specialist examination is mandatory for examinations funded under an NFZ contract.

Patients who register for a procedure covered by NFZ insurance are asked to arrive at the CT Laboratory at the scheduled date and time.

A medical referral or request from the attending physician is required for examinations which are paid for by the patient.

Patients who register for an examination which they will pay for are asked to go to the Reception Desk of the Specialist Outpatient Care Department (Elevator 3, 1st floor) to make the payment and provide the necessary patient data.

HOW TO PREPARE FOR YOUR APPOINTMENT:

- Make sure to bring with you the results of a **creatinine test**—and if you have hyperthyroidism, a TSH assay (the test results are valid for 2 weeks).
- If you use metformin (Metformax, Siofor, Glucophage, Formetic, Metral, Metifor, or Gluformin), do not take the drug within 48 hours before or 24 hours after your appointment (in consultation with the attending physician).
- If you use anticoagulants (Sintrom, Syncumar, or Acenocoumarol) and subcutaneous heparin injections, please consult a physician. If you take any other medications, continue with your therapy as usual.
- Drink around 1 liter of non-carbonated fluids on the day before the examination. If you are a **dialysis patient, please consult your nephrologist** to learn how much fluid you should drink.

You must arrive for the examination in a fasting state (do not eat any solid food for at least 6 hours before your scheduled examination). Drink around 1 liter of fluids (non-carbonated water or weak tea) to make sure your body is sufficiently hydrated.

For **abdominal and/or pelvic CT with contrast**, make sure to drink an extra half liter of non-carbonated water an hour and a half before your appointment and do not void your bladder before the procedure.

IMPORTANT!

Before the examination make sure to tell the medical staff if you have any allergies or if you are hypersensitive to the contrast agents. You should bring with you the medical reports of your previous tests and procedures (discharge summaries, reports of ultrasound scans, angiograms, CT scans, and reports from consultations with specialists) and a list of your current medications.

If you experience any adverse symptoms **during the procedure** following intravenous contrast injection (shortness of breath, dizziness, nausea, itchy skin, or chest pain), please inform the medical staff.

You are advised to drink around 2.5 liters of non-carbonated water or unsweetened drinks during the first 24 hours **after the examination** in order to help your body eliminate the contrast agent.

In rare cases, you may experience nausea, skin rash, or itching after the contrast agent is administered. Please immediately report such symptoms to the physician. You will be monitored for around 20 minutes after the examination.

HOW TO COLLECT THE RESULTS:

The results will be ready approx. 14 days after the examination.

Call 516 171 166 to find out whether your results are ready.

The examination report can be collected in person or with written authorization at the Main Reception Desk (at the main entrance to the hospital), from Monday to Friday, between **8:00 a.m. and 3:00 p.m.**

To learn how to prepare for the examination, go to **www.bonifratrzy.krakow.pl**

To cancel or reschedule a procedure, please contact us:
call 12 37 97 390 for examinations paid for by the patient
call 12 37 97 377 for examinations covered by NFZ insurance
email: informacja@bonifratrzy.krakow.pl
www.bonifratrzy.krakow.pl