



URINARY ULTRASOUND SCAN

DATE OF PROCEDURE	
TIME OF ARRIVAL AT THE RECEPTION DESK	

(The examination may be delayed because of the nature of the procedure.)

No referral is required.

A urinary ultrasound scan examines the kidneys and urinary bladder, as well as the prostate in men.

HOW TO PREPARE FOR YOUR APPOINTMENT:

The day before the procedure:

Eat a light diet with no vegetables, fruit, or whole-grain bread.

If you are obese, take 3 x 2 capsules of Espumisan. This agent removes excess air from the gastrointestinal tract so it will not obstruct the ultrasound.

6 hours before your appointment:

Do not eat any food.

Do not drink carbonated or sweetened beverages (drink only non-carbonated water).

1–1.5 hours before your appointment:

Drink 3 glasses of non-carbonated water and do not void your bladder prior to the procedure.

The examination report will be available immediately after the procedure.

To learn how to prepare for the examination, go to www.bonifratrzy.krakow.pl

To cancel or reschedule a procedure, please contact us:
call 12 37 97 390 for examinations paid for by the patient