



### ABDOMINAL ULTRASOUND SCAN

DATE OF PROCEDURE	
TIME OF ARRIVAL AT THE RECEPTION DESK	

(The examination may be delayed because of the nature of the procedure.)

**No referral is required.**

**An abdominal ultrasound scan** examines the liver, gall bladder, bile ducts, pancreas, spleen, kidneys, adrenal glands, urinary bladder, abdominal aorta and the great vessels, and the retroperitoneal space.

The examination is usually performed with the patient lying on his/her back.

A special gel is applied to the examination site so that the ultrasound probe fully contacts the skin. The gel is pH-neutral on the skin.

#### HOW TO PREPARE FOR YOUR APPOINTMENT:

The day before the procedure:

Eat a light diet with no vegetables, fruit, or whole-grain bread.

If you are obese or suffer from flatulence, take 3 x 2 capsules of Espumisan.

6 hours before your appointment:

Do not eat any food.

Do not drink carbonated or sweetened beverages (drink only non-carbonated water).

1–1.5 hours before your appointment:

Drink 3 glasses of non-carbonated water and do not void your bladder prior to the procedure.

The examination report will be available immediately after the procedure.

To learn how to prepare for the examination, go to [www.bonifratrzy.krakow.pl](http://www.bonifratrzy.krakow.pl)

To cancel or reschedule a procedure, please contact us:  
call 12 37 97 390 for examinations paid for by the patient  
or send an email to [informacja@bonifratrzy.krakow.pl](mailto:informacja@bonifratrzy.krakow.pl).