



ENDORECTAL ULTRASOUND SCAN OF ANAL SPHINCTERS

DATE OF PROCEDURE	
TIME OF ARRIVAL AT THE SPECIALIST OUTPATIENT CARE DEPARTMENT	

(The examination may be delayed because of the nature of the procedure.)

No referral is required. The procedure is paid for by the patient.

Indications for the procedure:

problems defecating, rectal and perineal pain, rectal fistula, bowel incontinence, sphincter dysfunctions (e.g., postpartum), rectal polyps

The per rectum examination is performed with an ultrasound probe with a diameter of around 15 mm (about the size of a finger) covered with a latex sheath. The probe is inserted into the anus to a depth of around 5 cm. The procedure lasts around 20–30 minutes.

How to prepare for your appointment:

The day before the procedure:

perform two rectal enemas (available as OTC agents: Enema, Proctanal, or Rectanal).
The enemas should be performed at around 4:00 and 8:00 p.m.

On the day of your procedure:

Do not eat or drink anything. Do not perform any enemas.
The results can be collected directly after the procedure.

To learn how to prepare for the examination, go to www.bonifratrzy.krakow.pl

To cancel or reschedule a procedure,
please contact us by phone at 12 37 97 390
or by email at informacja@bonifratrzy.krakow.pl