COLONOSCOPY BETWEEN 8.00 a.m. - 2.00 p.m.

DATE OF PROCEDURE	
TIME OF ARRIVAL AT THE RECEPTION DESK	

(The examination may be delayed because of the nature of the procedure.)

The procedure can be covered by NFZ insurance or paid for by the patient.

If the examination is covered by NFZ insurance, a referral from a specialist or family doctor is mandatory. Patients registered with a referral are asked to arrive at the Endoscopic Laboratory (2nd floor) at the scheduled date and time.
Patients who register for an examination for which they will pay are asked to go to the Reception Desk to make the payment.

DESCRIPTION OF THE PROCEDURE

A colonoscopy is a procedure which examines the mucous membrane of the colon (large intestine) with a colonofiberoscope, which is particularly important in the prophylaxis and early diagnosis of colorectal cancer.
Where possible, please bring another person with you to the examination. Patients are not allowed to drive or operate machinery for 12 hours after the procedure because sedatives are typically used.

HOW TO PREPARE FOR YOUR APPOINTMENT:

Patients must prepare for a colonoscopy; they must clean food residues from the bowel. The referring physician will prescribe a special medication that the patient must buy at a pharmacy. Note that the medication is available by **prescription only**.

The most commonly prescribed bowel-cleansing agents, in alphabetical order, are **Citra Fleet, Eziclen, Fortrans, Moviprep, and Olopeg.** The choice of the bowel-cleansing agent depends on the physician's and the patient's preferences and the patient's health and co-morbidities.

- Do not eat whole-grain bread, stone fruit, or seeded fruits or vegetables (such as cucumbers, tomatoes, grapes, poppy seeds, kiwis, or strawberries) for 4 days before the scheduled colonoscopy.
- On the day before the examination:
  - eat a light breakfast and soup for lunch (a broth or creamy soup) and do not eat again before the examination;
  - drink the prescribed bowel-cleansing agent between 3:00 and 11:00 p.m. according to the leaflet.
- On the day of your procedure:
  - drink clear, non-carbonated fluids;
  - do not eat anything.

If the bowel has not been properly prepared and the examination cannot be performed, the physician may refuse to perform the examination or may examine a shorter section of the intestine instead (e.g., sigmoidoscopy). The cost of using the equipment is paid out of pocket, unless the examination is covered by NFZ insurance.
Patients on blood-thinning medications should consult the attending physician one week before the examination in order to discontinue or modify this therapy. Diabetic patients should also consult the attending physician for recommendations on preparing for the examination.

PLEASE BRING YOUR COAGULATION PROFILE TO YOUR SCHEDULED APPOINTMENT.

MEDICATIONS: If you use any regular medications, take your morning dose as usual.

RESULTS: The colonoscopy report will be available immediately after the procedure. The histopathology report, if applicable, will be ready within 14 working days. Call 516 171 166 to find out whether your histopathology report is ready to be collected.
The histopathology report can be collected in person or with written authorization at the Main Reception Desk (at the main entrance to the hospital), from Monday to Friday, **between 8:00 a.m. and 3:00 p.m. (until 6:00 p.m. on Thursdays).**

To learn how to prepare for the examination, go to www.bonifratrzy.krakow.pl

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To cancel or reschedule a procedure, please contact us:
call 12 37 97 390 for examinations paid for by the patient
/ 12 37 97 377 for examinations covered by NFZ insurance