



LOWER GASTROINTESTINAL SERIES

DATE OF PROCEDURE	
TIME OF ARRIVAL AT THE RECEPTION DESK	

(The examination may be delayed because of the nature of the procedure.)

The **lower gastrointestinal series** is a medical procedure in which the large intestine is filled with a contrast agent administered through the rectum under X-Ray control to produce a series of radiographic images.

This examination is paid for by the patient.

A medical referral or a request from the attending physician is required.

Patients must prepare for the lower gastrointestinal series: they must clean out the bowel from food residues.

A medical referral or a request from the attending physician is required.

Patients must prepare for the lower gastrointestinal series: they must clean food residues from the bowel.

The referring physician will **prescribe** a special medication that must be bought at a pharmacy.

Fortrans (4 packets) is the most commonly prescribed bowel-cleansing agent.

The choice of the bowel-cleansing agent depends on the physician's and the patient's preferences and the patient's health and co-morbidities.

HOW TO PREPARE FOR YOUR APPOINTMENT:

- Do not eat whole-grain bread, stone fruit, or seeded fruits or vegetables (such as cucumbers, tomatoes, grapes, poppy seeds, kiwis, or strawberries) for 4 days before your appointment.
- On the day before the examination, eat a light breakfast and soup for lunch (a broth or creamy soup) at around 1:00 p.m. and do not eat again before the examination. Drink the prescribed agent between 1:00 and 9:00 p.m. according to the leaflet.
- On the day of the examination, drink only clear, non-carbonated fluids and do not eat anything.

Medications:

You should take your regular medications as usual on the day of your scheduled examination.

If you experience any adverse symptoms **during the examination**, please inform the medical staff.

You are advised to drink around 2.5 liters of non-carbonated water or unsweetened drinks during the first 24 hours **after the examination** in order to help your body eliminate the contrast agent.

Once the procedure has been completed, the physician will tell you when to collect your medical report.

The report can be collected in person or with written authorization in Room 17 (turn right after you enter the hospital building), from Monday to Friday, **between 8:00 a.m. and 7:00 p.m.**

To learn how to prepare for the examination, go to www.bonifratrzy.krakow.pl

To cancel or reschedule a procedure, please contact us:
call 12 37 97 390 for examinations paid for by the patient
or send an email to informacja@bonifratrzy.krakow.pl