



UROGRAPHY

DATE OF PROCEDURE	
TIME OF ARRIVAL AT THE RECEPTION DESK	

(The examination may be delayed because of the nature of the procedure.)

Urography is a diagnostic technique in which a series of radiological images of the urinary tract are taken after intravenous injection of a contrast agent.

The examination is performed based on a medical referral or on the request of the attending physician.

As you will have a contrast agent injected into your vein:

- Make sure to bring the results of your **creatinine** test with you—and if you have hyperthyroidism, your **TSH** assay (the test results are valid for 2 weeks).
- If you use metformin (Metformax, Siofor, Glucophage, Formetic, Metral, Metifor, or Gluformin), do not take the drug within 48 hours before or 24 hours after your appointment (in consultation with the attending physician).

HOW TO PREPARE FOR YOUR APPOINTMENT:

- Make sure to bring the results of your **creatinine** test with you—and if you have hyperthyroidism, your **TSH** assay (the test results are valid for 2 weeks).
- If you use metformin (Metformax, Siofor, Glucophage, Formetic, Metral, Metifor, or Gluformin), do not take the drug within 48 hours before or 24 hours after your appointment (in consultation with the attending physician).
- If you use anticoagulants (Sintrom, Syncumar, or Acenocoumarol) and subcutaneous heparin injections, please consult a physician. If you take any other medications, continue with your therapy as usual.
- Drink around 1 liter of non-carbonated fluids on the day before the examination (if you are a dialysis patient, please consult your nephrologist).
- You must arrive for the examination in a fasting state—do not eat any food or drink any water.
- If you have had an ultrasound scan or urography done, please bring the results of these examinations with you. If the examination is scheduled to take place later in the day, please make sure to fast for at least 6 hours.

Before the examination make sure to tell the medical staff if you have any allergies, if you are hypersensitive to the contrast agents, or if you are taking any medications.

If you experience any adverse symptoms following intravenous contrast injection (shortness of breath, dizziness, nausea, itchy skin, or chest pain) **during the procedure**, please inform the medical staff.

You are advised to drink around 2.5 liters of non-carbonated water or unsweetened drinks during the first 24 hours **after the examination** in order to help your body eliminate the contrast agent.

In rare cases, you may experience nausea, skin rash, or itching after the contrast agent is administered. Please immediately report such symptoms to the physician.

Once the procedure has been completed, the physician will tell you when to collect your medical report.

The report can be collected in person or with written authorization in Room 17 (turn right after you enter the hospital building), from Monday to Friday, **between 8:00 a.m. and 7:00 p.m.**

If you have diabetes, please disclose this fact while registering so that the examination can be scheduled in the morning.

To learn how to prepare for the examination, go to www.bonifratrzy.krakow.pl

To cancel or reschedule a procedure, please contact us:
call 12 37 97 390 for examinations paid for by the patient
/12 37 97 377 for examinations covered by NFZ insurance
or send an email to informacja@bonifratrzy.krakow.pl.