



## HOLTER RR (PRESSURE MONITORING)

DATE OF PROCEDURE	
TIME OF ARRIVAL AT THE RECEPTION DESK	

(The examination may be delayed because of the nature of the procedure.)

### ABOUT THE PROCEDURE:

Holter RR monitors arterial pressure over 24 hours.

Patients wear a special blood pressure cuff which is inflated with air and measures the blood pressure every 15 minutes. The measurement data are recorded on a small device.

**This examination can be fully paid for by the patient.**

Patients who register for an examination which they will pay for are asked to go to the Reception Desk of the Specialist Outpatient Care Department (Elevator 3, 1st floor) to make the payment and provide the necessary data.

### HOW TO PREPARE FOR YOUR APPOINTMENT:

Please wear loose-sleeve clothing on the day of your appointment.

### MEDICATIONS:

Take your medications according to your physician's instructions.

### How to collect the results:

The examination report will be available 2 working days after the procedure.

Call 516 17 11 66 to find out whether your results are ready.

### NOTE!

The examination report can be collected in person or with written authorization at the Main Reception Desk (next to the reception officer suite), from Monday to Friday, **between 8:00 a.m. and 4:00 p.m. (until 6:00 p.m. on Thursdays).**

To cancel or reschedule a procedure,  
please contact us at 12 37 97 390  
or [informacja@bonifratrzy.krakow.pl](mailto:informacja@bonifratrzy.krakow.pl).