

GASTROSCOPY AND COLONOSCOPY UNDER GENERAL ANESTHESIA

THIS EXAMINATION IS NOT PERFORMED UNDER NFZ INSURANCE

DATE OF PROCEDURE	
ARRIVAL TIME AT THE RECEPTION DESK	

(The examination may be delayed because of the nature of the procedure.)

Gastroscopy is a technique in which the lining (mucous membrane) of the esophagus, the stomach, and the duodenum can be examined. A *Helicobacter Pylori* test is included in the price.

A colonoscopy is a procedure which examines the mucous membrane of the colon (large intestine) with a colonofiberscope, which is particularly important in the prophylaxis and early diagnosis of colorectal cancer.

Please make sure someone accompanies you at the examination.

Patients are not allowed to drive or operate machinery for 12 hours after receiving anesthetics.

Please note that the collection of a tissue specimen for histopathological examination shall be billed separately. Patients who register for an examination which they will pay for are asked to go to the Reception Desk of the Specialist Outpatient Care Department (Elevator 3, 1st floor).

HOW TO PREPARE FOR YOUR APPOINTMENT:

Please bring your ID card, a short-sleeved T-shirt, slippers, and a bathrobe. Patients must prepare for a colonoscopy or gastroscopy under general anesthesia; they must clean food residues from the bowel. The referring physician will prescribe a special medication that the patient must buy at a pharmacy. Note that the medication is available **by prescription only**.

The most commonly used agents, in alphabetic order, are **Citra Fleet, Eziclen, Fortrans, Moviprep, and Olopeg**.

The choice of the bowel-cleansing agent depends on the physician's and the patient's preferences and the patient's health and co-morbidities.

- Do not eat whole-grain bread, stone fruit, or seeded fruits or vegetables (such as cucumbers, tomatoes, grapes, poppy seeds, kiwis, or strawberries) for 4 days before the scheduled colonoscopy.
- Eat a light breakfast and soup for lunch (a broth or creamy soup) and do not eat again before the examination. Drink the prescribed bowel-cleansing agent between 3:00 and 11:00 p.m. according to the leaflet.
- On the day of the scheduled examination, do not eat or drink anything.

If the bowel has not been properly prepared and the examination cannot be performed, the physician may refuse to perform the examination or may examine a shorter section of the intestine instead (e.g., sigmoidoscopy). The cost of using the equipment is paid out of pocket unless the examination is covered by NFZ insurance. Diabetic patients should also consult the attending physician for recommendations on preparing for the examination. The procedure will be performed under general anesthesia, so it is recommended to have an ECG, complete blood count, and electrolyte panel done a few days before the procedure; the results should be consulted with a family doctor.

Otherwise, you should arrive at the Diagnosis and Treatment Department an hour earlier to have these tests performed before the examination; the tests are billed according to the current pricelist.

MEDICATIONS:

Patients on blood-thinning medications must consult the attending physician in order to discontinue or modify the treatment (an INR test report must be brought to the examination; the test results are valid for 7 days).

Other regular medications should be taken as usual with a small amount of water.

RESULTS:

The examination report will be available immediately after the gastroscopy/colonoscopy procedure; the histopathology report, if applicable, will be ready within 14 working days.

Call 516 171 166 to find out whether your histopathology report is ready to be collected.

NOTE!

The histopathology report can be collected in person or with written authorization at the Main Reception Desk (at the main entrance to the hospital), from Monday to Friday, **between 8:00 a.m. and 3:00 p.m. (until 6:00 p.m. on Thursdays)**.

To learn how to prepare for your examination, go to www.bonifratrzy.krakow.pl.

To cancel or reschedule a procedure,
please contact us at 12 37 97 390.