

RECTOSCOPY

DATE OF PROCEDURE	
ARRIVAL TIME	

(The examination may be delayed because of the nature of the procedure.)

ABOUT THE PROCEDURE:

The purpose of this procedure is to directly view the mucous membrane of the anus and the lower part of the sigmoid colon to look for bleeding from the lower section of the large intestine.

This examination can be performed as a private service which is fully paid for by the patient.

If the examination is performed between 8:00 a.m. and 2:00 p.m.,

- eat a light lunch the day before the examination;
- do not eat any dinner the evening before the examination;
- take Enema or Rectanal (a rectal enema solution which cleans the large intestine) the evening before the examination. The enema solution should be administered the evening before the examination and again on the day of the examination, approximately 3 hours before the procedure.
- Do not eat anything on the day of your examination; you may only drink non-carbonated water.

If the examination is performed between 2:00 and 8:00 p.m.,

- eat a light dinner the day before the examination;
- take Enema or Rectanal (a rectal enema solution which cleans the large intestine) on the day of your examination at around 7:00 a.m. and once again at around 9:00–10:00 a.m.;
- You may eat a light breakfast.

HOW TO COLLECT THE RESULTS:

The rectoscopy report will be available immediately after the procedure; the histopathology report, if applicable, will be ready within 14 working days.

Call **12 37 97 390** to find out whether your results are ready. The examination report can be collected in person or with written authorization at the Main Reception Desk (behind the doorman's room), from Monday to Friday, between **8:00 a.m. and 7:00 p.m.**

To learn how to prepare for the examination, go to www.bonifratrzy.krakow.pl

To cancel or reschedule a procedure, please contact us:
by phone at 12 37 97 390 for examinations paid for by the patient/
12 37 97 377 for examinations covered by NFZ insurance
or by email at informacja@bonifratrzy.krakow.pl.
www.bonifratrzy.krakow.pl