

## GASTROSCOPY AND COLONOSCOPY UNDER GENERAL ANESTHESIA

<b>DATE OF PROCEDURE</b>	
<b>ARRIVAL TIME TO THE RECEPTION DESK</b>	

(The examination can be delayed because of the specific nature of the procedure)

**Gastroscopy** is a procedure in which the lining (mucous membrane) of the esophagus, the stomach and the duodenum can be examined. Helicobacter Pylori test is included in the price.

**Colonoscopy** is a procedure which examines the mucous membrane of the colon (large intestine) with a colonofiberscope, which is particularly important in prophylaxis and early diagnosis of colorectal cancer.

Please make sure to come to the examination with an accompanying person.

Patients are not allowed to drive or operate machines for 12 hours after receiving anesthetics.

Please note that the collection of tissue specimen for histopathological examination shall be billed separately. Patients who register for an examination done as a fully paid service are asked to go to the Reception Desk of the Specialist Outpatient Care Department (elevator 3, 1st floor).

### HOW TO PREPARE FOR YOUR APPOINTMENT:

Please bring your ID card, short-sleeved T-shirt, slippers and bathrobe. Patients must prepare for the lower gastrointestinal series: they must clean out the bowel from food residues. The referring physician prescribes a special medication that the patient must buy at a pharmacy. Note that the medication is available on **prescription** only. The most commonly used agents in the alphabetic order: **Fortrans, Citra Fleet, Eziclen, Moviprep, Olopeg**.

The choice of the bowel cleansing agent depends on the preferences of the physician and the patient, the patient's health status and co-morbidities.

- Do not eat whole-grain bread, stone fruit and vegetables (such as cucumber, tomatoes, grapes, poppy, kiwi, strawberries) during 4 days before the scheduled colonoscopy;
- Eat a light breakfast, a soup for lunch (broth or creamy soup) – this is your last meal before the examination;
  - drink the prescribed bowel cleaning agent between 15.00 p.m. and 23.00 p.m. according to information on the package leaflet;
- On the day of scheduled examination: do not eat or drink anything.

If the bowel is not correctly prepared and the examination cannot be performed, the physician may refuse to perform the examination or perform it along a shorter section of the intestine instead (e.g. sigmoidoscopy) – the cost of equipment use is paid out-of-pocket, unless the examination is covered by NFZ insurance.

Diabetic patients should also consult the attending physician for recommendations concerning preparation for the examination. The procedure will be performed under general anesthesia, and therefore it is recommended to have ECG, complete blood count and ionogram tests done a few days before the procedure, and the results should be consulted with a family doctor.

**Otherwise you should arrive to the Diagnosis and Treatment Department an hour earlier to have these tests performed before the examination; the tests are billed according to the current pricelist.**

### MEDICATIONS:

Patients on blood thinning medications must consult the attending physician in order to discontinue or modify the therapy (INR test report must be brought to the examination – the test results are valid for 7 days).

Other regular medications should be taken as usual with a small amount of water.

### RESULTS:

Examination report shall be available immediately after the gastroscopy/colonoscopy procedure; histopathology report, as applicable, shall be ready within up to 14 working days.

Call 516 171 166 to learn if your histopathology report is ready to be collected.

### NOTE!

The histopathology report can be collected in person or on the basis of a written authorization at the Main Reception Desk (at the main entrance to the hospital), from Monday to Friday, **between 8.00 a.m. - 3.00 p.m. (until 6.00 p.m. on Thursdays).**

To learn how to prepare for your examination, go to [www.bonifratrzy.krakow.pl](http://www.bonifratrzy.krakow.pl).

To cancel or reschedule the procedure, please contact us:  
Call 12 37 97 390